

MARIE MASSEY PLEIN AIR PAINTING WORKSHOPS



Marie Massey Fine Art
painting the beauty of everyday

Dolphin Dunes Studio

276 Lily Way, La Selva Beach, CA 95076
mm@mariemassey.com, www.mariemassey.com
970-222-1652

Supply List: Painting in Layers, Oil Landscape

Paint & Medium

Paint: I recommend the following palette:

- ACRYLIC-recommend Liquitex or Golden brands

Core Colors: Yellow, Orange, Alizarin Crimson, Dark Blue, Dark Green and White
Optional Colors: Cadmium Red Deep, Medium Magenta, Light Magenta, Medium Blue, Light Blue, Medium Green, Light Green

- OILS-recommend Gamlin and Windsor Newton, Grumbacher brands

Cadmium Yellow Lemon, Cadmium Yellow Medium, Cadmium Yellow Deep, Yellow Ochre
Cadmium Orange, Cadmium Red Light, Cadmium Red Middle, Cadmium Red Deep, Alizarin Crimson, Ultramarine Blue, Cobalt Blue, Cerulean Blue, Cadmium Green, Permanent Green Light, Sap Green, Viridian, Burnt Umber, Titanium White (thalo yellow green is a nice to have for plein air)

- Medium: For the acrylics – water. For the oils, I recommend Galkyd or some other accelerated drying medium.
- Brush cleaner – I recommend Turpenoid or Gamblin Gamsol.

Surface

- Panels – Panels are the easiest to deal with in the field. They are opaque so light does not shine through them as it does with stretched canvas. They are also less likely to fly away in the wind and most plein air easels are designed with panels in mind. Panels are also easier to transport than stretched canvas. For my painting in layers method be sure to obtain panels that are designed to take acrylic and oil (**no oil primed canvases**) I recommend Pintura Painting Panels or Frederix Panels which can be purchased easily at Palace Arts, Imagine Art Supplies, Michaels or online.

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- Stretched Canvas-Again – no oil primed canvas. I recommend Fredrix Gallerywrap Stretched Canvas. This surface is much more difficult to work with than panels because many easels do not accommodate the 1.5 inch depth.

Brushes

You need two sets of brushes, one for acrylic and one for oil. All brushes should be long handle. Liquitex, Windsor & Newton and Princeton Art and Brush Company are all quality brands with a range in prices. Spend your money on the oil brushes versus acrylic.

- For Acrylics: **synthetic** Liquitex and Windsor & Newton brands make excellent choices
 - Rounds: # 2, #4, 2x #8, 2x #12, Filberts: # 2, #4, 3x #8, 3x #12 Flat: #2, #8
- For Oils: **sable or hog's hair** I prefer sable to hog's hair
 - Rounds: # 2, #4, #6, 2x #8, 2x #12, Filberts: # 2, #4, #6, 3x #8, 3x #12 Flat: #2, #8

Equipment

Outdoor easel.

French Easel, Pochade Box on a tripod,: it should be portable and lightweight and above all **stable**.

Umbrella - not necessary, but helpful in intense sunlight.

Stool - again, not necessary, but good for comfort. If you must sit to paint, I strongly suggest a camp stool or collapsible chair

Plastic Grocery Store Bag (for your garbage)

Phone/Camera

You will want to have a photo of your chosen scene when you start out as reference. If you end up taking the painting back to the studio to finish it, it is good to have a photo so that you can see how the light and shadow looked when you started.

Small Sketchbook and pencil for making quick thumbnail sketches.

Viewfinder, gray scale and pocket color wheel. (All available from www.pochade.com.)

Viva Paper Towels

"**Baby Wipes**" for cleaning fingers.

Appropriate clothing and footwear. An oversized long sleeve shirt and pants you don't mind getting stained as well as supportive comfortable shoes such as walking or running shoes are recommended. You may also wish to wear an apron with pockets, Layered clothing for varying temperatures, hat, sunscreen

Recommended Reading

Painting in Layers by Barbara Marquardt

The "Bibles" of Outdoor Painting which are also full of good information on composition and color for the studio painter:

Guide to Landscape Painting by John F. Carlson.

Composition of Outdoor Painting by Edgar Payne.

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Solid Books on Painting, Plein air or Studio, Oil or Pastel:

Landscape Painting In and Out by Kevin Macpherson.

Gruppe on Painting, Brushwork, Gruppe on Color by Emile Gruppe.

Painting the Landscape in Pastel by Albert Handell & Anita Louise West

Plein Air Painting in Watercolor & Oil by Frank LaLumia

Capturing Light in Oils by Paul Strisik.

Problem Solving for Oil Painters by Gregg Kreutz.

Painting the Impressionist Landscape by Lois Griffel.

Color and Beyond by Ann Templeton & Eugene Mendonsa

Where to buy your supplies:

Palace Arts in Capitola or Santa Cruz or online at: <http://www.gopalace.com>

Jerry's Artaramma online at <http://www.jerrysartaramma.com>

<http://www.pochade.com>